QUESTIONS
THAT FOSTER
EMPATHY AND
STORYLEARNING:

IN HAWAIIAN,
THE WORD
MANA'O MEANS
TO THINK
DEEPLY, TO
CONCENTRATE,
TO REFLECT, TO
GAIN INSIGHT.

CREATED BY JEDER INSTITUTE
FROM DANIEL GOLEMAN BOOK
"SOCIAL INTELLIGENCE: THE NEW
SCIENCE OF HUMAN RELATIONSHIPS"

1

What are three things that I should know about the most authentic you?

2

What makes an experience or interaction meaningful?

3

What about you most comforts others?

4

What types of questions make you most uncomfortable?



When does your curiosity create connections or understanding?



When does your curiosity create difficulty?



Who has challenged you to be better than you once were?



What role can silence play in a conversation?



What should people better understand about you?



When are you most observant?



Where do you feel most present?

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