



Welcome

Welcome to 2022!

With the upsurge of Omicron in our communities, our members are taking every legal and necessary precaution to be able to continue the support, care and work with our 818 participants across 5 states, our global communities and dozens of stakeholders in 2021 and this work does not always come easily!

It's been almost 2 years of the pandemic now and our inability to be face to face with those we serve has taken its toll on many of us; some members have needed to pay deep attention to their self care and take leave, some members have reached out for more regular support due to their own sense of isolation and other members, and their participants, have zoom fatigue!

Our community builders, even though they were only able to deliver half a dozen face to face workshops last year, continued to increase their presence online and delivered 77 workshops across 6 countries, presented at 12 conferences, developed 13 programs, 12 webinars, 15 consultancies and a whopping 193 graphic harvests (which also deserves its own shout out to Fiona Miller who did all those harvests herself and is currently building capacity of other members to join her)!

All of these details were reported today at Jeder's Annual General Meeting and more will be available in the Annual Report in the next newsletter!

Phew! What a massive year!

Looking forward to 2022, we envision some big system changes within Jeder as we pay good attention to our growth and be mindful that it is now growth for growth's sake and that inclusion and intention guide our next, wise steps. In addition, whilst we continue to welcome new members to add to our already 64-person strong membership, we strive to further develop and implement 4 new roles; Nests, Ability Builders, Roving Listeners and Psychosocial Coaching and explore other opportunities such as Aged Care, Therapy and Communities of Practice!

So, until next time, enjoy the stories and sharing in this newsletter and make sure you check out the upcoming workshops, conferences and events and we hope you come and join us some time soon!

[VISIT OUR WEBSITE](#)

Getting to know our members...



Hunter & New England, NSW

Meet Sharon Tierney

Sharon has worked in community services for the past twelve years, with the last four specifically working in partnership with the National Disability Insurance Agency. This has included supporting families and participants of the NDIS to understand their NDIS plan's and make the most out of their funding.

Sharon has extensive experience working with disability support providers and

liaising with mainstream and community members to provide a person-centred approach to capacity building, connection and integrated service supports. She has also worked within the private and public sector and as a result has a cross section of skills and experience to share.

[For more info or to contact Sharon, click here!](#)

ABCD in Action

Info Share!

Rural ABCD Community of Practice



Who would like to be a part of a rural ABCD Community of Practice at Australian friendly times?

A new Rural group is under development to make the community more accessible to those in times zones that make participation difficult.

Email [Michelle](mailto:michelle.dunscombe@jeder.com.au) and let her know you are interested [at michelle.dunscombe@jeder.com.au](mailto:michelle.dunscombe@jeder.com.au).

Click here to read more about [ABCD in Action!](#)

Info Share!

Champions of the Earth 2021 Compilation

The Champions of the Earth award is the United Nation's highest environmental honour. It recognizes outstanding leaders from government, civil society and the private sector whose actions have a transformative impact on the environment. Champions of the Earth inspire, defend, mobilize and act to tackle the greatest environmental challenges of our time.



Regional NSW

Info Share!

NSW Waterski Federation Skiing Program

"New South Wales Water Ski Federation – Disabled Division is a Water Ski program open to all ages with various physical disabilities or vision impairment.

Our Water Skiing program operates between October – April.

We try to hold 6 open Ski days during the Water Ski season, where people with disabilities can Come n Try or develop their water skiing skills."

Click here to learn more about the [NSW Waterski Federation!](https://www.disabledwaterskiing.com.au/)



Support Coordinator Highlight!

Tutu, Tap & Turn

A dance group for people with disabilities is starting in Armidale, NSW this Feb!

Submitted by [Lynn Lennon](#)

I have been working with a participant in Armidale, NSW who had a desire to dance, nothing formal, just get her groove on!

After several calls it was found that there was nothing suitable for her to attend, or the studios weren't willing to have someone with disabilities in their groups.

One of the studios contacted me and advised that if I could find a minimum of 4 people, she would be more than happy to do a class and would tailor it to suit those attending.

So, I jumped on good old Facebook, put the call-out to see if anyone else was interested. After a few short hours, I was inundated with others who were searching for something similar but didn't know where to go.

On Friday, 4th February at Tutu, Tap and Turn in Armidale at 4pm the inaugural dance group for those with disabilities, or just wanting to get their groove on will be held 😊



ABCD-EBOOK READY FOR LAUNCH

WE NEED YOUR STORIES & RESOURCES

- Join the monthly writing sessions on the first week of each month at 9am & 9pm AEST
- Email any questions to the ebook team at abcld.ebook@gmail.com



Behind the scenes...

Behind the Scenes - Creative Jedi

Texture!

As a visual artist, sculptor, I am always looking for inspiration from my work. I find texture is a massive inspiration and can lead to some amazing possibilities. I have found that it doesn't matter where you look you'll always find inspiration.. Even in the dryer!



Behind the Scenes - Creative Jedi

Perforation Perspiration!

Submitted by [Dee Brooks](#)

Let's talk about clusters of holes... just don't ask me to look at them, I'll probably dry retch and break into a sweat and I'm not alone! This strange phobia is called tryphophobia and is defined as follows:

Tryphophobia: an aversion to the sight of irregular patterns or clusters of small holes or bumps which could cause fear and distress.

Patterns are my core passion; I love a good wave structure, a fern spiral, an intricate web and can even stare at patterns in sacred geometry and nature, for hours! I notice the patterns we live and breathe through my community development work and pay attention to the ebb and flow of energy and luckily, I do not have glossophobia; the fear of public speaking or my career would come to a rapid demise!

I just can't look at the texture of brains, sponges, charcoal, lava rocks although, I can eat swiss cheese, crumpets, honeycomb. I just avert my gaze or squint my eyes, like I had to when my Jeder mate, Michelle Dunscombe, sent me the pictures of her unique artwork which accompanies this write up; I could not forward them to my very bemused admin person quickly enough!

When I do get surprised with a picture that triggers me, I immediately yelp, retch, look away and if I absolutely must look at something (like when my children were small and had skin conditions I had to attend to), I can't bring myself to look at the area or image directly, I break into a sweat, I feel a tightening of my stomach and my breath becomes shallow until I can remove myself from the situation.

In the past, I tried to ignore it and pass it off as a psychological misnomer until, I paid more attention to my reaction when I would see an image with holes or walk by a plant with perforation or wonder how people could stare deeply into the coals of an open fire and I pondered why I **could** look at nets, mesh, lace or similar evenly space patterns? This is when I found out about Trypophobia which is specifically about **irregular** holes and that answered a whole lot of headache!



So, if you also experience "perforation perspiration", know that you are not alone and it's ok! I also know I will not be able to re-read this in the newsletter because it will be accompanied by Michelle's artwork! Can you imagine how hard it is to support your friend's creative expression when you can't even look at it? I've been told her work is very good, by the way, you should check it out...

Also, for those of you who might be reading this and think it would be a great laugh to send me unsolicited hole pictures or images, please don't bother! Keep your holes to yourself!

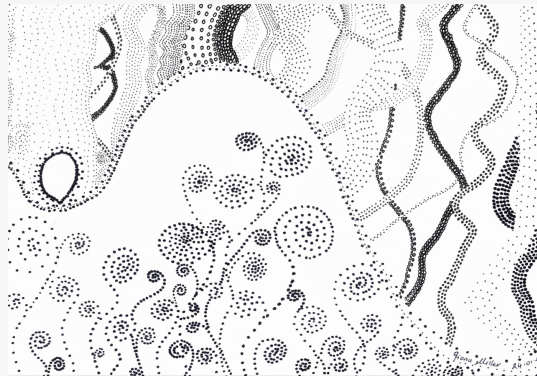
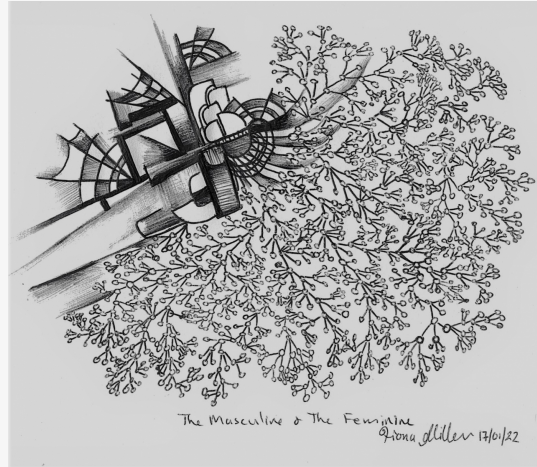


Artworks by [Michelle Dunscombe](#)

Over this month a handful of Jeder Members joined Tamara and Donna from [MODO Coaching](#) for 3 weeks. The group coaching brought about insightful and thought-provoking discussions.

Below are 3 graphic harvests captured by our wonderful [Fiona Miller](#).

Stayed tuned next month for an overview of what our members discovered about themselves and each other.



Jeder Institute

Training | Workshops



ONLINE

Storytelling and Harvesting Workshop

2nd February - 9:30am - 4pm

Investment: Young People (15 to 25 years) - \$55 | Community and Volunteers - \$110 | Not for Profit - \$220 | Government / Corporate - \$330

“Inside each of us is a natural-born storyteller, waiting to be released.” Robin Moore, author

Storytelling and capturing stories are important tools for communication, connection and progress. They connect us as humans and can take place anywhere and anytime. Storytelling connect the generations in the moment and harvesting enable stories to live on. Many believe that storytelling and harvesting is a unique skill reserved for elders, writers, artists or children. However, we can all be storytellers.

This workshop is for anyone interested in building their ability to capture and tell stories.

During this interactive workshop, you will learn:

- the purpose of storytelling and harvesting
- the role storytelling and harvesting can play in your work
- how to tell and capture stories
- how to use storytelling for influence
- how storytelling can be used as data

[For more info, and bookings, click here!](#)



ONLINE

A Free Introduction to Gifts

with Bruce Anderson of Core Gift Institute

10th February - 12pm - 1pm GMT+11

Investment: FREE

“We are all here to contribute our gifts towards something greater than ourselves, and will never be content unless we are.” – Charles Eisenstein

Do you know what your gifts are? What’s the difference between gifts and skills or strengths? How can gifts help you find purpose and direction?

If you currently feel “stuck,” discovering your gifts can help you decide what to do – and how.

Join us, [Befriend Inc](#) and Bruce Anderson from [The Core Gift Institute](#) for a **free introduction** to the power of gift discovery for uncovering your deeper purpose and supporting more meaningful work and connections throughout your life.

[For more info, and bookings, click here!](#)

ONLINE

Introduction to Asset Based Community Development (ABCD) – 3 x 4 hour sessions



Monday 7th, Tuesday 8th and Monday 21st February from 9.30am to 1.30pm AEDT (see time zone details below)

Investment: Young People (15 to 25 years) - \$100 | Community and Volunteers - \$200 | Not for Profit - \$300 | Government / Corporate - \$500

[Jeder Institute](#) is excited to be offering an **Introduction to Asset Based Community Development** workshop. This workshop will be focusing on how to utilise ABCD skills while working with our communities.

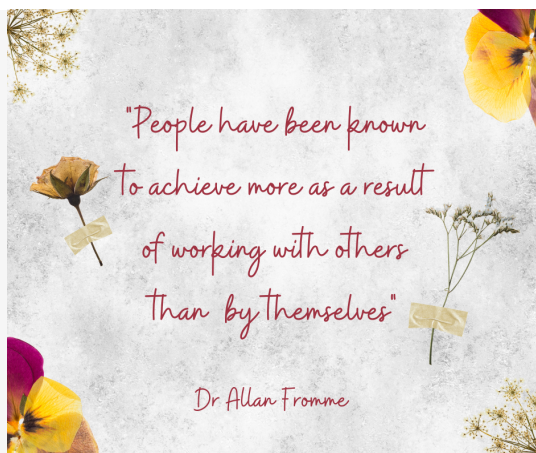
"Every single person has skills, abilities and gifts". John McKnight

This training is interactive and participatory, where you get to use the tools and resources which you are learning about. These tools and resources can be used directly with the communities who you work with.

The training is hosted over 3 sessions – 9.30am to 1.30pm (Melbourne/Sydney/Hobart) 9.00am to 1.00pm (Adelaide) 6.30am to 10.30am (Perth) 11.30am to 3.30pm (New Zealand)

- Monday 7th February
- Tuesday 8th February
- Monday 21st February

[For more info, and bookings, click here!](#)



ONLINE

Asset Based Community Development (ABCD) for Inclusion

7th March - 9:30am - 12:30pm

Investment: Young People (15 to 25 years) - \$100 | Community and Volunteers - \$250 | Not for Profit - \$400 | Government / Corporate - \$650

Building the Bridge from Client to Community Member

This session will explore and discuss how we introduce, both deliberately and intentionally, community centred work as a legitimate and important part of person centred work.

Through this workshop participants will learn, discuss and practice person centred and community centred approaches through:

- Discussing the principles and philosophy of ABCD
- Practical strategies to find and engage community assets
- Principles of Community Mobilization
- Discovering Care & Learning Conversations
- Exploring how agencies and communities work together more effectively
- Building an ABCD community partnership
- Practicing with effective tools; circles of support, mapping relationships and harmonising the things worth doing

[For more info, and bookings, click here!](#)

ONLINE

Mapping your Community

30th March - 9:30am - 4pm

Investment: Young People (15 to 25 years) - \$55 | Community and Volunteers - \$110 | Not for Profit - \$220; Government / Corporate - \$330

Jeder Institute is excited to offer our Mapping your Community workshop. This workshop will focus on the six assets of ABCD. We will share asset mapping tools to identify, connect and activate their community assets to create opportunities.

"The appeal of ABCD lies in its premise that communities can drive the development process themselves by identifying and mobilizing existing, but often unrecognized assets, and thereby responding to and creating local economic opportunity." Dan Duncan

This training is interactive and participatory, where you get to use the tools and resources which you are learning about. These tools and resources can be used directly with the communities who you work with.



[For more info, and bookings, click here!](#)



More Upcoming Workshops

For a listing of more of our Upcoming Workshops,
please click below!

[For more info, and bookings, click here!](#)

Around our neighbourhoods...



Friday 4th February 2022

Community Development and Disaster Recovery

IACD is delighted to invite you to participate in our upcoming webinar hosted by Regional Trustees in Oceania! Dee Brooks, Denise Bijoux, and Michelle Dunscombe are joined this month by Louise Mitchell from NSW Resilience who will deliver a presentation on the topic of community development and disaster recovery.

This interactive webinar will take place Friday 4th February 2022 at 1:00pm AEDT / 3:00pm NZDT. Please click this link to register:

<https://www.eventbrite.co.uk/e/community-development-and-disaster-recovery-tickets-254400608067>

Once you have registered, you will automatically be sent Zoom details along with reminders as the event approaches. You can also add the webinar to your digital calendar once you've registered.

We hope to see you there, and as always, please feel free to invite a friend, colleague, or classmate to join you!

If you have any questions, please contact membership@iacdglobal.org.

[To learn more, or to register, click here!](#)

23rd – 24th May 2022

Communities in Control Conference 2022

Melbourne, 23rd - 24th May 2022

Eliminate Inequality: Rebuilding Australia from the ground up, all the way to the stars

- Hear from and interact with Australia's **best thinkers, leaders and doers**
- Learn **what works** – hear about best-practice examples of community building



Communities in Control
The conference. The movement.

- Learn **what's next** – make sure your community is prepared for what's around the corner
- **Get refreshed** – participants rate this the best opportunity they get all year to recharge their batteries (and after the year we've all had, that's never been more needed)
- Get inspired – **meet people** who believe in the power of community, swap war stories, share solutions

You can attend in person, or online!

[For more info, and bookings, click here!](#)



March 10th 9.30-11am

Mobilising your Neighbours

We look forward to co-hosting our first Community Building Block session of the

year with long-time Inspiring Communities friend and internationally renowned Neighbourhoods Champion Jim Diers from Seattle.

Jim has worked with many Kiwi communities over the last decade and his stories of trolls, bumping spaces, and neighbourhood matched funds are legendary.

Join Jim and Inspiring Communities Anna Parker to pick up some new ideas, tips and tools for connecting neighbours and mobilising locally-led action in your place.

[To learn more, or to register, click here!](#)



WORLD COMMUNITY DEVELOPMENT CONFERENCE 2022 Inclusion, Challenges, Opportunities

20-22 June 2022 | Ureki, Georgia

<http://wcde2022.online> | info@wcde2022.online | [#WCDC2022](https://twitter.com/WCDC2022) | [@WCDC2022](https://twitter.com/WCDC2022)

Jack McCall

'You can change the future of your community or you can sit back and allow whatever happens to happen.'

You can create your own destiny. However, the cost is high.

It means organising a group of people who are willing to give of their time and energy to make things happen.

It means believing in yourself and your organisation.

It means putting aside individual differences to work together for the good of the community.

It means working together to decide what you want for the future and then working together to make it happen.

You can do it.
People are doing it.'

**JACK MCCALL,
'SMALL TOWN
SURVIVAL
MANUAL'**

'You can change the future of your community or you can sit back and allow whatever happens to happen.'

You can create your own destiny. However, the cost is high.

It means organising a group of people who are willing to give of their time and energy to make things happen.

It means believing in yourself and your organisation.

It means putting aside individual differences to work together for the good of the community.

It means working together to decide what you want for the future and then working together to make it happen.

You can do it.

People are doing it.'

Jack McCall - 'Small Town Survival Manual'

 [SHARE ON FACEBOOK](#)

 [SHARE ON TWITTER](#)

 [FORWARD EMAIL](#)

Jeder Institute

PO Box 5652 Wagga Wagga BC NSW 2650
Australia

info@jeder.com.au

You received this email because you signed up on our website or

attended one of our workshops.

[Unsubscribe](#)

mailerlite