



## Welcome

Phew! It's been an extremely busy couple of months at the Jeder house! The family is as busy as ever, we've been hard-core renovating and I think the dog ran away again... (always to be found at the local community park)

So, what's new?

We've expanded our NDIS services and have found a sweet spot between supporting people with vulnerabilities and our community building team and so, we launched the [Roving Listener](#) team, who are currently available as community connectors, in Bendigo, Victoria and we are just about to launch a new capacity building role in the Northern Rivers area of NSW!

Our [ABCD community building](#) team have been flat out, on the road again, delivering everything from strategic planning sessions and leadership mentoring to participatory community building workshops and online measuring and monitoring courses! They are also in full swing, planning the next global, online [ABCD \(un\)Conference](#) with a team of 36 people from 11 countries!

Jeder's [Support Coordinators](#) and [Behaviour Intervention Services](#) workers have been receiving some amazing feedback from their participants and they have found themselves to be in high demand as they show individuals and families how to maximise their NDIS plan so their needs are met and they achieve their goals.

Our membership is swelling to almost 70 members now!

This is a feat when you consider that we don't have bosses and we are location-free! We believe that part of the reason that our members work to the highest quality standards is because they have the freedom to aim to be the best they can be as workers and to find creative ways to support people, as fellow humans and, in addition, they have an amazing network of peer support and ever-evolving information sharing strategies with their other members. They can't help but be their best!

Sounds too good to be true? Check out our [Becoming a Member](#) document on the website and see what you think...

Another big change has been the structure of the organisation itself; we have moved to a Nest system (like a channel or portfolio) and our 3 Bored members are now each responsible for one of the 3 Nests, which are all still member-informed and led and we have a new full-time Administration Navigator to help us all out!

This came about when we shifted from being categorised as a medium not-for-profit to a large one; an amazing feat in itself for a boss-less collective, don't you think?

So, our apologies for not getting to the March newsletter in March and we hope you enjoy this edition!

Yours in community and self-organising,

The Jeder Institute

[VISIT OUR WEBSITE](#)

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## Getting to know our members...



### Meet Meredith Baylis

Is a Mother, Carer, Community Leader, Facilitator and Information Sharer and she lives and works on the lands of the Bundjalung Nation, an area known as “the land of the three rivers”.

She has been an Advocate for over 22 years and has instigated change by thinking outside the box and focussing on a strengths-based, person centred approach.

Meredith has worked part time as an Independent Support- Coordinator with

Jeder Institute in Northern NSW since July 2017. She is passionate about social Justice, inclusivity, music and cheese & wine!

[Contact Margaret here!](#)

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### Meet Kate Johnstone

I have been working with people in a caring role forever ... I love being with people and when I can help, it is especially rewarding.

I worked as a support worker in Aged Care, with teenagers as a youth leader and with small people until I had a family of my own.

I have spent some time studying and growing and am now back into the world of Disabilities and the NDIS.

The challenge of CoOrdination is one I enjoy. I love being involved in people's lives, being there for the journey and seeing happiness and success along the way.



[Contact Kate here!](#)

## Introducing our newest Role...



SUPPORTING PEOPLE EXPERIENCING VULNERABILITIES

## ROVING LISTENERS

In the beginning of April we launched our newest Role, Roving Listeners.

Roving Listeners support individuals and communities to build community capacity, be more inclusive, achieve positive social outcomes for people and influence changes in our often unsympathetic systems.

The role of a Roving Listener is to help build better communities through the inclusion of people experiencing vulnerability in our society.

The Jeder Institute's definition of people experiencing vulnerability varies widely and includes people with:

- Long-term vulnerability, i.e. people with disability
- Mental health concerns and challenges
- Short-medium term vulnerability, i.e. relationship breakdown, unemployment, a death in the family, or major illness

The common factor is that people in these groups are often marginalised in a way that can make it more difficult to interact with the broader community. They may have special needs that could make life harder, if neglected.

A Roving Listener needs to think about what vulnerability actually means in each context.

We are proudly supported by the Roving Listener team in Indianapolis – see more about [“Making the Invisible Visible”](#).

[More information and to contact, click here!](#)



## ABCD Global E-Book Initiative Join calls every 2 weeks

- CO-CREATE THE WORLD'S BIGGEST MULTILINGUAL, ABCD FOCUSED, E-BOOK
- SHARE STORIES, TOOLS, KNOWLEDGE AND EXPERIENCE IN AN INTERNATIONAL, CROSS-CULTURAL CONTEXT
- EXPLORE ACCESSIBLE, INTERACTIVE TECHNOLOGIES
- ENGAGE THROUGH MULTIPLE ENTRY POINTS

For more info email:  
[abcdasiapacific@gmail.com](mailto:abcdasiapacific@gmail.com)

## Training | Workshops

ONLINE WORKSHOP

## Connecting the Dots



## Person Centred Leadership for Professionals

Every Thursday beginning 22nd April  
– 24th June 2021

10am – 2pm (inc short lunch break)

**Investment:** 10 Sessions @ \$120 p/day +  
GST + BF

We aim to make our sessions financially available to

everyone, please contact us if money is a barrier

Change can be overwhelming, unsettling and uncertain. What most people don't realise is that it can provide an amazing opportunity for genuine self-development, discovery and leadership. It's been a challenging 12 months universally, and as we continue to navigate our way out of 2020, what better time is there to pause for reflection to find the life you truly want to be living – both personally, and professionally.

The Jeder Institute's **Connecting the Dots: Person Centred Leadership** course is designed for leaders from helping professions who are looking to grow their existing skills and confidence, through finding greater life balance and purpose. Facilitated online by experienced psychologist and facilitator, Rachel Dickson, this 10-week course incorporates valuable group-based learning, peer mentoring and individualised goal setting.

[More information and to Register!](#)

### ONLINE TRAINING

## Brunch & Learn – Positive Holistic Behaviour Support

Conscious Care & Support (CCS) -  
Training

20th April – 18th May 2021

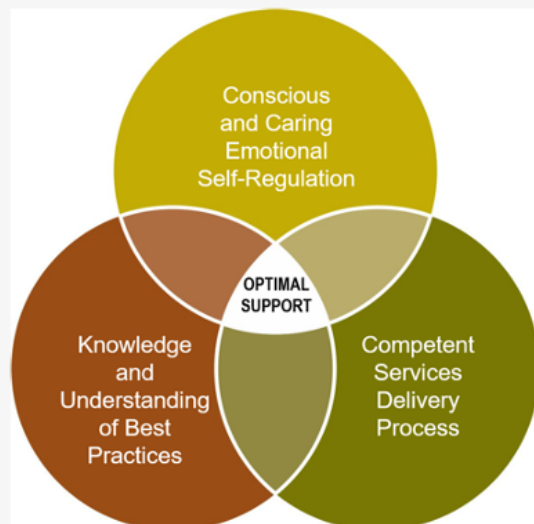
9.30am – 11am AEST

5 Sessions (online) – 90min each

**Investment:** \$50 per session – NDIS Claims available (*Downloads and all materials included*)

We aim to make our sessions financially available to everyone, please contact us if money is a barrier.

To optimally meet the holistic support needs of individuals with autism and other developmental disabilities, and / or a mood / mental health disorder, core competencies, traditional support practices, behavioural management strategies and accountability





systems are ESSENTIAL, **BUT** ARE JUST NOT ENOUGH – EQUALLY ESSENTIAL IS THAT SUPPORTERS AND LEADERS MUST HAVE:

- Mindful presence
- Personal & professional emotional maturity e.g. emotional self-regulation skills
- An uncompromising commitment to wanting to help others
- Authentic compassion for all others even when we don't feel like it
- The most current evidence-based prevention and management interventions\* necessary to compliment valuable however incomplete strategies.

[More Information and to Register](#)



ONLINE WORKSHOP

## ABCD: Discoverables, not Deliverables

**Tuesday 8th, 15th and 22nd June 2021 from 9am - 11am AEST or**

**Tuesday 13th, 20th and 27th July 2021 from 7pm - 9pm AEST**

**How much:** \$100 per session | \$50 volunteers | \$30 young people plus GST

We aim to make our sessions financially available to everyone, please contact us if money is a barrier

Many of the current challenges faced by individuals and communities require transformational change! How does asset-based community development (ABCD) build communities from the inside out by tapping into the gifts and strengths of everyone?

Join us on this journey of discovery as we offer a series of three (3) highly immersive and interactive sessions which will introduce participants to a range of asset-based community development (ABCD) practices and processes for creating powerful actions and outcomes.

[Register for JUNE](#)

[Register for JULY](#)

ONLINE WORKSHOP

## ABCD: Measuring What Matters!

*Is anyone better off?*

**Tuesday 8th, 15th and 22nd June  
2021 from 7pm - 9pm AEST or**

**Tuesday 13th, 20th and 27th July  
2021 from 9am - 11am AEST**

**How much:** \$100 per session | \$50  
volunteers | \$30 young people plus GST

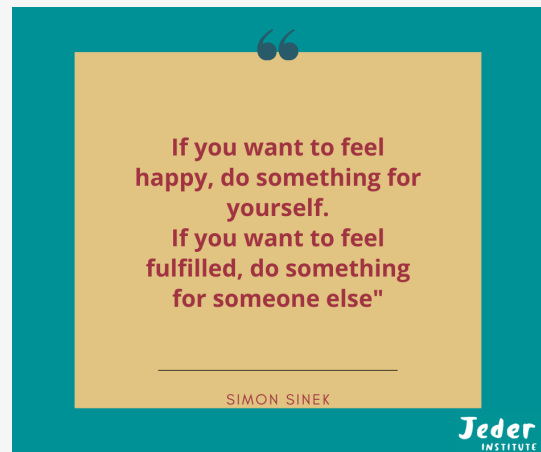
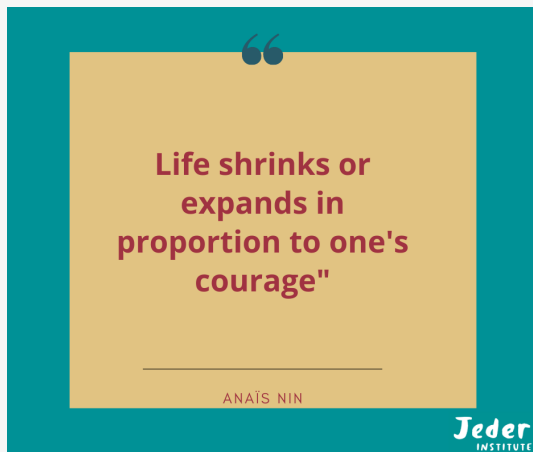
We aim to make our sessions financially available to everyone, so please contact us if money is a barrier.

During these 3 week series we explore asset based community development and participatory evaluation tools (using the Results Based Accountability™ (RBA) framework), to measure the social impact of local initiatives. Join us for 3 immersive and interactive sessions that will introduce you to the fundamentals of asset-based community development (ABCD) and how participatory evaluation can measure community actions and outcomes.



[Register for JUNE](#)

[Register for JULY](#)



## Around our neighbourhoods...

**IACD**

### Practice Insights Magazine - Issue 18

*IACD is the only global network for professional community development practitioners. We support development agencies and practitioners to build the capacity of communities to realise greater social and economic equality, environmental protection and political democracy.*

## Contributing articles

Our international *Practice Insights* publications are issued three times a year, each one focusing on a particular theme of relevance to community development. If you would like further information or to contribute to future editions, please contact [membership@iacdglobal.org](mailto:membership@iacdglobal.org). Alternatively, IACD members are welcome at any time to contribute news items, research, case studies or other materials to our members' Facebook site and to the IACD website.

Edited by our own...

*Dee Brooks & Michelle Dunscombe, Jeder Institute Members, ABCD Institute Stewards, ABCD Asia Pacific Facilitators, IACD Oceania Directors*



[Read the full magazine here!](#)



## A Housemate for Ethan

Ethan grew up in Sydney's inner west where he also went to school. He is a young man living with Autism and a moderate intellectual disability, but that doesn't stop his from living his best life.

A few years ago, Ethan and his Mother Claudia made a sea change and moved to the Illawarra region. Once settled, they bought a house for Ethan in the next suburb. His home is framed by beautiful bushland and is a stone throw away from the beach.

### About me:

Hello, my name is **Ethan**, I am 20 years old and looking for someone to share a house within Wollongong, Sutherland or Georges River areas.

The house will be managed by "SILC". This is an organisation that helps families set up and manage independent living arrangements for people on the NDIS. SILC supports families to have a say in where their family member lives, who supports them and allows the family to be actively involved in the set up and running of the house.

### About you:

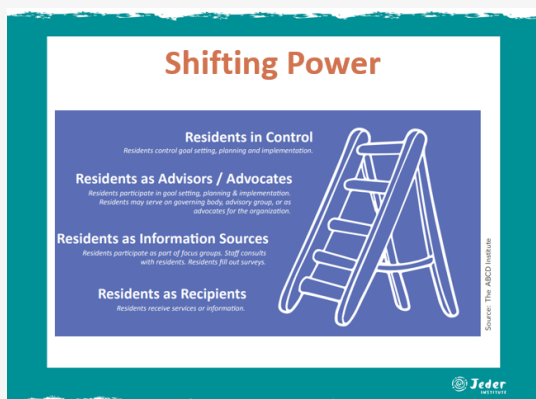


- NDIS participant.
- Eligible for SIL or working towards SIL pre-approval.
- Aged 18-25 (approx.)
- Male or Female
- Looking to living in a supportive environment that focuses on you and your goals.

Please get in contact with my Support Coordinator if you are interested to find out more.

[Vanessa Locke](#) | [vanessa.locke@jeder.com.au](mailto:vanessa.locke@jeder.com.au) | [0406640166](tel:0406640166)

## Tips and Tools



### Power Ladder

### Shifting Power

The ABCD Power Ladder provides a great visual for governments, organisations and communities to understand how power is being shared.

The power ladder can be used as an activity to reflect on how power is showing up in our community projects/initiatives.

Alternatively, it can be a prompt for us to consider how we shift power from doing to community thus creating consumers/recipients towards supporting community driven or led approach.



### Individual Mapping

### Gifts I can give my community

In ABCD we talk about Asset Mapping and often when working with communities or organisations, we start with learning the gift, skills, talents and passions of people.

These are some of the Individual mapping tools we use to map the gifts of people, depending on what we are hoping to achieve, to help us discover the amazing diversity that exists within our communities or organisations.

When we understand what people are willing to share with others we can connect people with others who are interested in the same or similar things, creating the opportunity for relationships to develop.

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[➔](#) FORWARD EMAIL

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