

## Welcome

We have had a busy month!

DRUMBEAT is back! – Dee has already delivered one training in Tamworth and one in Toowoomba, with 2 COVID tests to go with them for your safety, and there's more coming up. Click <a href="here">here</a> for more information and details for booking.

Last week, our Bored members were finally able to have a week long retreat together and delved deep in to exploring new roles that they will be taking up over the next year.

Our NDIS Support Co-ordination and Behaviour Intervention support team continue to grow in New South Wales, Queensland and Victoria with new initiatives and projects on the horizon. More information to come!

Our CoBu team recently facilitated a 2 day online Participatory Community Building workshop and received some amazing feedback.

- The creativity woven throughout the whole process. The knowledge of the facilitators, and their willingness to share from their own experiences.
- Great presenters very connected with the group
- The online model allowed us to meet & workshop with folks who are in totally different regions & communities which was very interesting
- So incredibly practical, theory based and experience based-very engaging and so easy to learn while also having the brain tick away at how it could be applied in my context. LOVED how you did the online training in particular, using mural and all the break out roomsphenomenal job ladies, gold standard of engaging and useful training!
- Great subject matter! so community-facing like no other training I have done to date.

If you are looking for support or project management for your community projects, please contact our Community Building Team.

We are looking forward to sharing a new community-based initiative for people with disabilities. This position being designed by Jeder is a blend of our NDIS and CoBu teams and will be trialled in Victoria. We will bring you updates as the program is evolved and introduced to the community.

Please note below that we have updated our formal business address to;

PO Box 5652 Wagga Wagga BC NSW 2650.

We will be redirecting our mail from the St Clair PO Box to the Wagga PO Box over this next month and then cease.

Until next month, please enjoy our Jeder Yarns.

Yours in Community, Team Jeder

Please e-mail info@jeder.com.au for any further enquiries.

**VISIT OUR WEBSITE** 

## Getting to know our members...



### Meet Margaret Henville

Having worked in a Family Support Agency for 20 years Margaret decided it was time for a change to disability supports around the time of the introduction of the NDIS. She believes all individuals can enjoy the life they choose and it is important for everyone to find what is right for them.

Margaret has a particular interest in supporting the Deaf community and has her Diploma in Auslan.

Having lived and worked in the Bankstown

and Macarthur area all her life Margaret knows the services and resources available.

**Contact Margaret here!** 

## **Important News!**

## **UPDATE** to **COVID** normal supports for participants and providers

Throughout the COVID-19 pandemic the NDIA has responded quickly to government health advice, implementing a number of temporary measures to ensure participants continue to have access to essential supports.

The NDIA has reviewed these temporary measures to determine what is needed to safely deliver supports and services in a COVID normal situation.

Temporary measures ending on 28 February 2021:

- support coordination line items claimable under a participant's Core budget support coordination will still be available for all participants who have a reasonable and necessary need for it from their Capacity Building budget
- direct claiming to the NDIA by providers for disability support worker PPE.

Please click here for further information regarding extended supports.

## Training | Workshops

The George Town Community Hub - Macquarie Street, George Town, Tasmania

## 2 day Participatory Community Building Workshop



How do we encourage actions for impact across our communities?

### Thursday 15th & Friday 16th April 2021 9am - 4:30pm AEST

How much: \$200.00 per person - Community members / Volunteers

\$300.00 per person - Local organisation

\$600.00 per person - Not for profit

\$900.00 per person - Corporate and Government organisations

The above investment is Ex GST.

We aim to make our sessions financially available to everyone, please contact us if money is a barrier.

This 2 day Participatory Community Building training is underpinned by asset based community-led development (ABCD) and participatory leadership practices, patterns and processes in a participatory co-design framework. These approaches have been used effectively in community, business, government and non-government contexts worldwide to enable the inclusion and connection of diverse perspectives for deeper outcomes.

More Information and to Register



**ONLINE WORKSHOP** 

ABCD: Discoverables, not Deliverables

Tuesday 8th, 15th and 22nd June 2021 from 9am - 11am AEST or

Tuesday 13th, 20th and 27th July 2021 from 7pm - 9pm AEST

How much: \$100 per session | \$50 volunteers | \$30 young people plus GST

We aim to make our sessions financially available to everyone, please contact us if money is a barrier

Many of the current challenges faced by individuals and communities require transformational change! How does asset-based community development (ABCD) build communities from the inside out by tapping into the gifts and strengths of everyone?

Join us on this journey of discovery as we offer a series of three (3) highly immersive and interactive sessions which will introduce participants to a range of asset-based community development (ABCD) practices and processes for creating powerful actions and outcomes.

**Register for JUNE** 

**Register for JULY** 

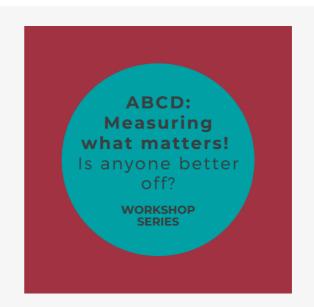
**ONLINE WORKSHOP** 

# ABCD: Measuring What Matters!

Is anyone better off?

Tuesday 8th, 15th and 22nd June 2021 from 7pm - 9pm AEST or

Tuesday 13th, 20th and 27th July 2021 from 9am - 11am AEST



How much: \$100 per session | \$50 volunteers | \$30 young people plus GST

We aim to make our sessions financially available to everyone, so please contact us if money is a barrier.

During these 3 week series we explore asset based community development and participatory evaluation tools (using the Results Based AccountabilityTM (RBA) framework), to measure the social impact of local initiatives. Join us for 3 immersive and interactive sessions that will introduce you to the fundamentals of asset-based community development (ABCD) and how participatory evaluation can measure community actions and outcomes.

**Register for JUNE** 

**Register for JULY** 

## Coming soon...

# Conscious Care & Support

A course in Positive Holistic Behaviour Support

<u>Michaela</u> and <u>Jason</u> are busy redeveloping our Conscious Care Support workshops into 2-3hr modules.

We're very excited to present the new format. Keep an eye on this space for more information!



## Around our neighbourhoods...

### **Rural Aid**

### **COMMUNITY BUILDERS LIVE CHATS: Reinvention of Small Towns**



Rural Aid is (virtually) heading to the Wild West, and we want you to join the ride! Rural Aid wants to provide proactive solutions and inspiration for the people who "get stuff done" in rural Australia; we call those people the community builders.

Registrations are filling fast for the popular fourth series of Community Builder Live Chats. These chats follow on from the successful 2020 series and are a must for anyone looking to breathe new life into their region, small town or country community.

Eight weekly instalments will make up the free "Reinvention of Small Towns" series, showcasing towns that have cracked the code of renewing and reinvigorating their country community.

Starting February and running weekly on Thursdays at 4PM.

Click here for the list of upcoming live chat topics and featured towns

# DISABILITY: DIVERSITY & INCLUSION IN THE GLOBAL SOUTH A COLLOQUIUM



As part of International Women's Week, the <u>Center for Gender and Development Studies</u>, with generous support from the EU, is hosting a small colloquium about disability,

diversity, and inclusion. Local and international disabled and nondisabled invited participants will explore issues of full participation and accessibility in the Global South.

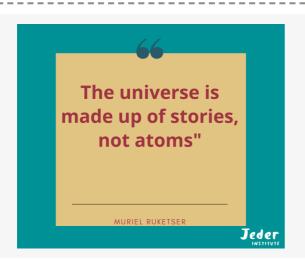
In the first of two meetings (March 3), we will form working groups. The working groups will prepare presentations, which they will finalize and present at the following meeting, one week later (March 10). Portions of the presentations will be offered at the World Disability and Rehabilitation Professionals Conference in November 2021. A summary report of the colloquium will be available upon request for anyone interested.

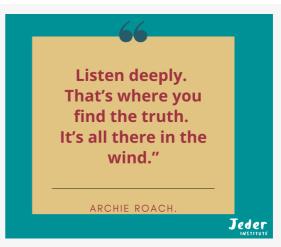
To request a copy of the proceedings, or to express interest in being involved at an expanded session in March 2022, please contact the event's facilitators:

Lynn.rose@auis.edu.krd

or

Muhammad.usman@auis.edu.krd





## **Blog Spotlight**



# The Invisible is Becoming Visible

The Unintended Side Effects of COVID-19

### Written by John L McKnight

At the start of any asset-based initiatives, the identification of local assets is the essential starting point. Nonetheless, in

many neighborhoods, most of these local assets are not recognized. Even though they are present they are not visible. This is the reason for the basic work of the ABCD Institute as it assists neighbors in making their local assets visible. We also assist in understanding how these assets can be connected in order to create new power and productivity.

At the center of this discovery process are the neighbors themselves. THEY are the primary local assets because they have the capacity to *act together* and the *ability to connect* their capacities, skills and knowledge in order to increase their well-being.

### **Drumbeat**

### **DRUMBEAT** for Veterans

## Evaluation by The University of Western Australia

This evaluation of DRUMBEAT for Veterans suggest the program has a positive impact on psychological distress, post-traumatic stress symptoms and mental wellbeing.



The likely mechanisms that have been

identified through qualitative finding are the drumming, talking and group processes, and the interaction between these aspects. Furthermore, the evaluation has shown the importance of keeping the program "Veterans only" due to the shared experiences, challenges, attitudes, language and mutual unstated trust between the participants.

DRUMBEAT for Veterans ability to address these barriers, gaps and recommendations demonstrates Holyoake's commitment to providing evidence based interventions, and the importance of reference groups containing vast, diverse experiences in both services provision and the experiences of Veterans.

Click here to read the full report...



## **Tips and Tools**



**Power Ladder** 

### **Shifting Power**

The ABCD Power Ladder provides a great visual for governments, organisations and communities to understand how power is being shared.

The power ladder can be used as an activity to reflect on how power is showing up in our community projects/initiatives.

Alternatively, it can be a prompt for us to consider how we shift power from doing to community thus creating consumers/recipients towards supporting community driven or led approach.



#### **Individual Mapping**

### Gifts I can give my community

In ABCD we talk about Asset Mapping and often when working with communities or organisations, we start with learning the gift, skills, talents and passions of people.

These are some of the Individual mapping tools we use to map the gifts of people, depending on what we are hoping to achieve, to help us discover the amazing diversity that exists within our communities or organisations.

When we understand what people are willing to share with others we can connect people with others who are interested in the same or similar things, creating the opportunity for relationships to develop.







**FORWARD EMAIL** 

## Jeder Institute

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