



Jeder

INSTITUTE

HAPPY KWANZAA!

Merry
Christmas

Happy
Hanukkah

Happy Holidays

Welcome

This year has been an odd one and what we have seen from our membership has been nothing but astounding as they rallied together, very early on, to compile a useful, relevant set of COVID-19 resources. The small Jedi (working group) who came together quickly and fiercely to achieve this knew intrinsically that they did not need to ask anyone's permission, they just needed to do what was right and act for the common good! This is true dispersed leadership!

Apart from the obvious challenges this year, including some of our members being part of the Victorian and Tasmanian lockdown, our members saw the opportunities and possibilities of working differently and developed their own ways of staying in contact virtually.

- The CoBu (community building) Team met every morning at 10am for a 15 minute "agile" meeting on zoom where each person would check-in around 3 questions.
- The admin team created a member roster to host the fortnightly Culture Jedi catch ups where members joined once a month to discuss an organisational theme or topic.
- Our teams of support coordinators met monthly in Sydney and the Northern Rivers region to share and reflect.
- Multiple Jedis met weekly around various organisational improvements, amendments, proposals and innovations.

- Organised Friday cheese, wine and trivia nights which were randomly “called” by members throughout the year, and more...

These were the times that kept us all going and supported those of us who were more geographically isolated to feel connected and create a deeper sense of belonging! For many of us, we felt more connected than we had when face to face was a possibility!

In November, we held our second annual Gathering online and presented a new role, the Roving Listeners. Identified by our support coordinators and behaviour intervention support workers, the Roving Listeners will be a conduit to Jeder’s community building team and will be a connector for people experiencing vulnerabilities to connect in deeper ways to their community. This role is currently being trialled in Bendigo, Victoria and the Northern Rivers region, NSW.

We’re doing all of this on a more streamlined foundation thanks to the backend administration and management skills of a small group of members who have kept us all chugging along!

We call ourselves “The Bored” because we believe that even though our role is important, we are really in charge of the boring stuff, compared to the incredible work and lives of all of our members! The Bored is an important component of Jeder, not only for the way we work horizontally but, also, to be a reminder to our membership that we are here to serve them and not the other way around. We take our [Aquamarine Governance Framework](#) seriously but with a light touch and encourage our membership to make bold, brave decisions about our growth and innovation, without permission!

So, for 2021 we see enormous potential to support more individuals and communities in Australia (& potentially the trans-Tasman bubble) face to face, as we gather our 2020 experience, wisdom and knowledge and lean into our Generosity of Spirit philosophy! We also look forward to continuing to share, learn and communicate with our friends and partners around the world through our online platforms!

We hope to see you at the heart of change!

- The Bored

Over the holidays season most people will be taking a well deserved break. If you need to get in contact please e-mail info@jeder.com.au.

Until next month, please enjoy our Jeder Yarns.

Yours in Community,

Team Jeder

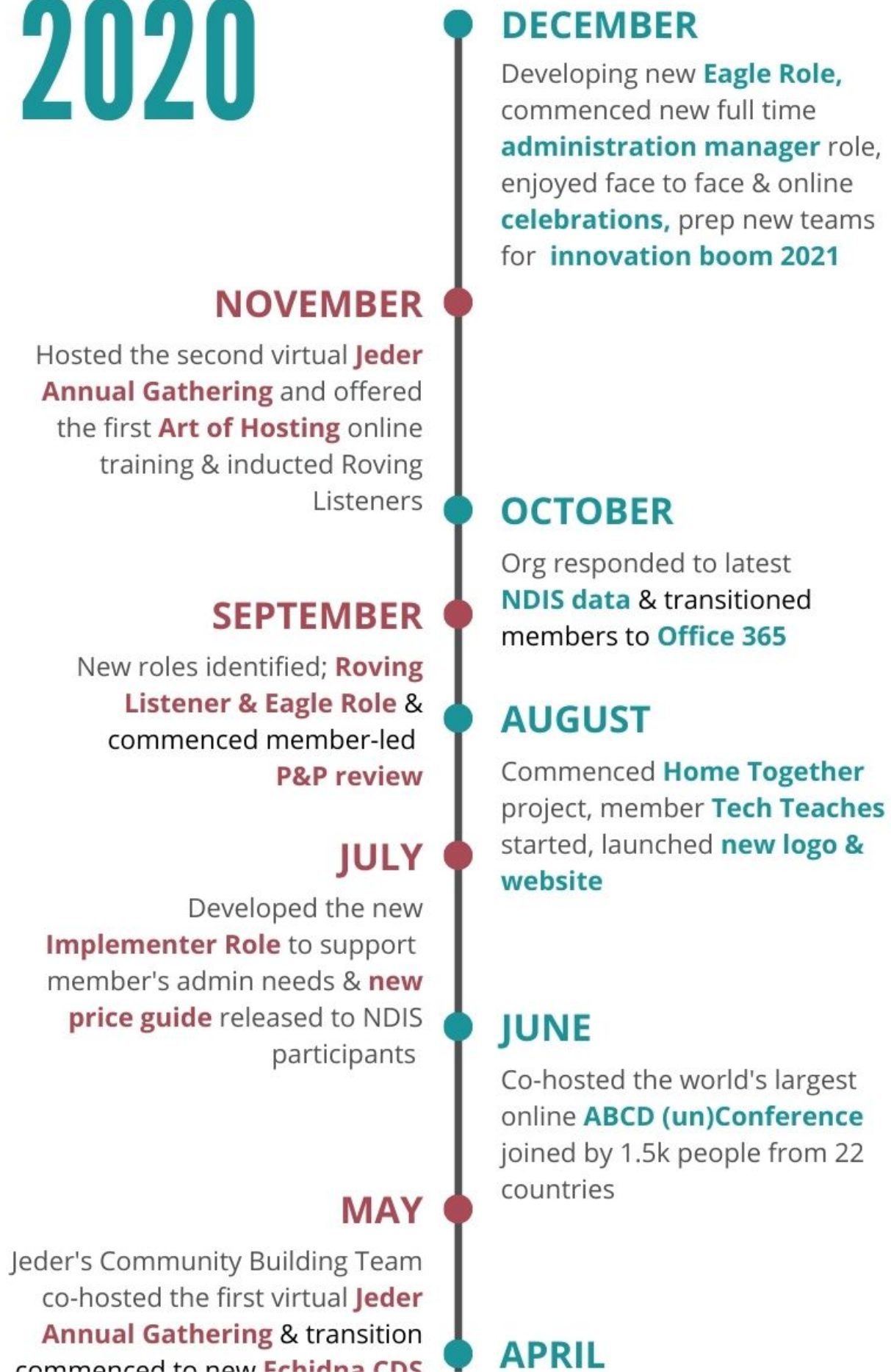
[VISIT OUR WEBSITE](#)



A BRIEF SNAPSHOT OF

JEDER 2020

THE JEDER INSTITUTE would like to appreciate the challenges and successes of a very trying and unusual year for our members, and the people and communities we serve, around the world. Here's a snapshot!



commenced to new **Echidna CDS**
system

MARCH

Community Builders arrive in Oz from UK to **COVID-19** & all future work postponed - commenced 4 months of "**Days Starting with T**" teaching & learning series

JANUARY

Bushfire recovery & deciding where we could hold our annual May gathering to financially support a struggling community

The Risk Jedi co-created **COVID resources** for website, commenced our **Reconciliation Action Plan** & Northern Rivers participants sewed **500 PPE masks**

FEBRUARY

Business as usual for all our teams - **small whispers** about **Coronavirus**



Getting to know our members...



Meet Fiona Miller

Fiona is creative and innovative and if there is a box, you won't find her in it! Maybe decorating it or even embellishing it, but never in it. With a passion for seeing people and communities explore and collaborate on all things local, getting people to the same table and share skills and knowledge is a priority. Conversations matter and by connecting conversations amazing things happen.

Asset Based Community Development underpins all that she does and believes in and it's all done with a smile. Graphic Harvesting, facilitating, community consultation and contributing to designing community projects with communities and their partners are amongst her favorite things.

[Learn more about Fiona or reach out to her here!](#)

Latest News!



Extension of call for articles - ABCD edition of Practice Insights

Calls for stories extended until 1st January 2021

ABCD issue of Practice Insights

Do you have a great story or example of ABCD in practice but you just missed the December deadline to submit it? No worries! We are extending our call for abstracts for the upcoming ABCD edition of our Practice Insights Magazine.

Authors will now have until 1st January 2021 to submit an abstract and until 15th January 2021 to submit a full-length final draft.

Please direct your questions or submit your story ideas to -
Dee Brooks via dee.brooks@iacdglobal.org

breathe. notice. now.

Tuesdays and Fridays
9:00 am - 9:45 am (AEDT)

Tuesday January 5 to Friday January 22, 2021

Join us every Tuesday and Friday morning as we explore and practice a skill set that has been internationally proven to offer many benefits to enhance and improve levels of overall health and wellness.

Just some of the benefits of practicing mindfulness include:

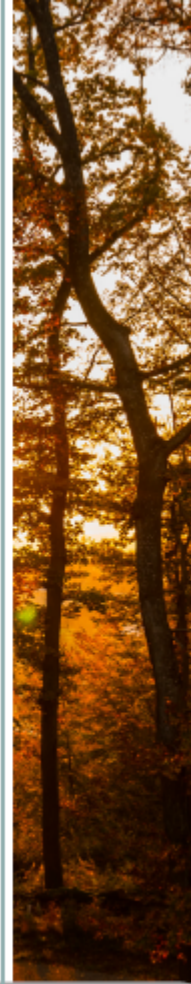
- increased levels of memory, concentration and focus;
- increased experiences of happiness and less stress;
- increased flexibility with thoughts and feelings;
- increased satisfaction in relationships both personal and professional; and
- increased sense of compassion and kindness for self and others.

NO REGISTRATION REQUIRED

[Click Here Every Session to Join
https://zoom.us/j/96497049394](https://zoom.us/j/96497049394)



For more information email
adriana@clwindsor.org



Training | Workshops

Person Centred Lifestyle Planning - January to March 2021

ONLINE Sessions

When: Starting Friday 29 January until 26 March 2021

9 Session Course - 10am-1pm

Cost: \$100.00 per day plus GST - NDIS claims available through cores supports or improved daily living categories



Are you planning for a Good Life not just a good NDIS plan?

Why is planning important?

We have learned from working within the NDIS planning and implementation that only planning with the NDIS is not enough to create a good life. We need to focus on visioning a good life and implementing good supports.

We are inviting individuals with disability / mental health, their family members and their supporters to participate in this course. NDIS funding can be used to participate in the workshops.



A course in Positive Holistic Behaviour Support

CHANGE of DATES for Conscious Care & Support Training

When: 10 Session program (online)- 3 hrs each **2nd February to 6th April 2021** 10.30am-1.30pm

Cost: \$1,000 + GST - NDIS Claims available Downloads and all materials included

Immunizing supporters and leaders against the 4 Outs to mindfully support individuals “to be all they can be”

[Register HERE](#)

ONLINE WORKSHOP

2 day Participatory Community Building Workshop

HOW DO WE BRAVELY STEP INTO CREATING CHANGE TOGETHER?



Monday 8th & Tuesday 9th February 2021

This 2 day Participatory Community Building training is underpinned by asset based community-led development (ABCD) and participatory leadership practices, patterns and processes in a participatory co-design framework. These approaches have been used effectively in community, business, government and non-government contexts worldwide to enable the inclusion and connection of diverse perspectives for deeper outcomes.

Do No Harm

(Hippocratic Oath for Community Workers)

- Don't distract the community from its own priorities.
- Don't take people's time without showing results.
- Never do for people what they can do for themselves.
- Don't create dependence on you, funding or other external resources.
- Don't treat non-profit organizations as the surrogate for community.
- Don't let bureaucratic red tape become an excuse to quash community initiatives.

Do Some Good

- Get out of your cubicle and into the community
- Listen and learn from the community
- Help the community to discover its resources and power
- Provide tools that enable the community to take the lead and share their gifts with one another
- Assist community associations to network with one another
- Pay attention to segments of the community that are being excluded and find ways to engage them
- Speak up when you encounter discrimination
- Help the community to identify shared interests and to develop a common vision
- Look for potential leaders and help them to develop
- Practice what you preach by being active in your community
- Share local stories of community success

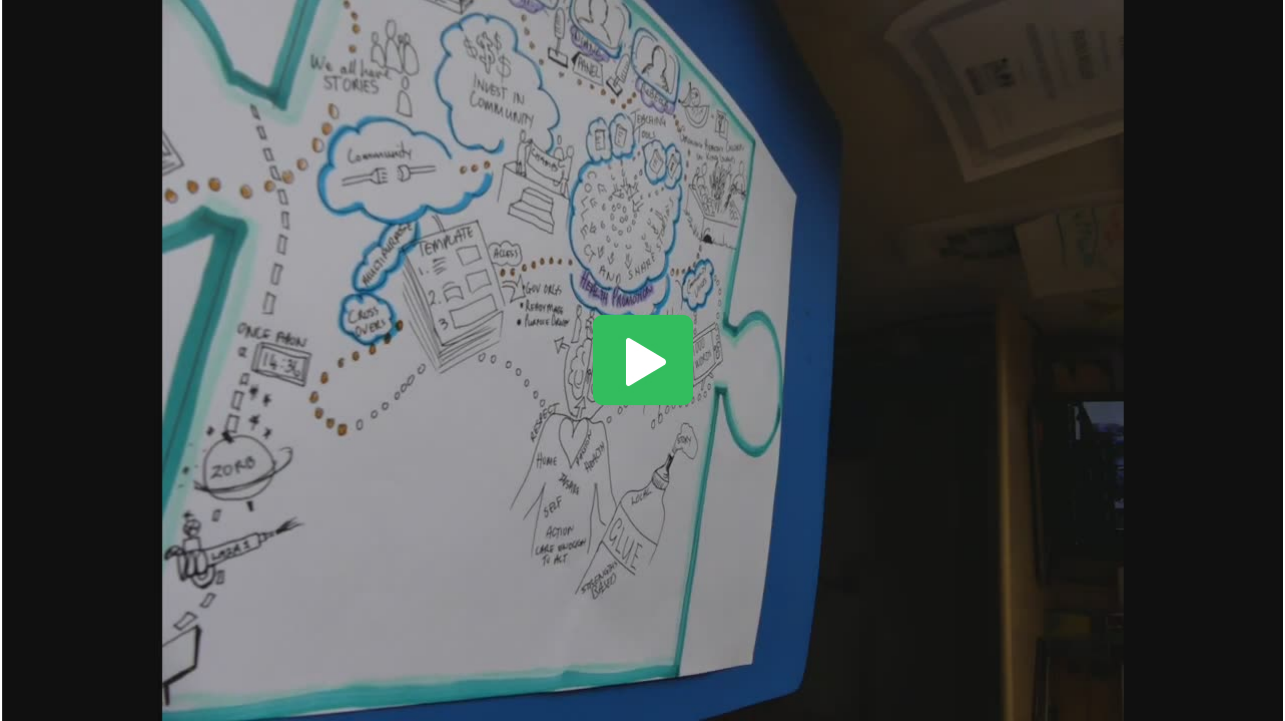
What we've been up to...

Healthy Tasmania



Over the past 3 months, Jeder member Fiona Miller, has had the pleasure of working with a great local group of people for the Tasmanian Department of Health on “Healthy Tasmania Listen and Learn” series as a Graphic Harvester. Fiona was excited one of her drawings as the graphics across the series. The series was fortnightly for 2 hours as a facilitated lunch time type learning series, we had 13 speakers in total and covered Great solutions in current times, Well Being at work, Mental Health, Strong partnerships, Story sharing, Big picture systems thinking and connection. It was an absolute learning festival that show cased and recognised great work across Tasmania.

The final drawings for each session will be given to different speakers as gifts, the recorded clips of Fiona harvesting are on YouTube (see the recording below for one of the clips), recordings of each session are available at Healthy Tasmania and every one of us, everything we did or do, contributes a small piece of the puzzle for a Healthier Tasmania. Fiona's new Acronym PES Partnership, Education, Support.



ART OF PARTICIPATORY COMMUNITY BUILDING

The Art of Participatory Community Building blends Asset Based Community-Led Development (ABCD) and Art of Hosting (Participatory Leadership) to provide participatory; patterns, practices, processes, and principles to give you the tools to co-create projects and initiatives.



[More Information](#)



ABCD Global E-Book Initiative Join calls every 2 weeks

- CO-CREATE THE WORLD'S BIGGEST MULTILINGUAL, ABCD FOCUSED, E-BOOK
- SHARE STORIES, TOOLS, KNOWLEDGE AND EXPERIENCE IN AN INTERNATIONAL, CROSS-CULTURAL CONTEXT
- EXPLORE ACCESSIBLE, INTERACTIVE TECHNOLOGIES
- ENGAGE THROUGH MULTIPLE ENTRY POINTS

For more info email:
abcdasiapacific@gmail.com

[Blog Spot](#)

The Circle

The Circle is a meeting space for strengths-focused practitioners to co-create, collaborate and discover impactful and emergent ways of working together, underpinned by strengths-based practices and processes.

Circle members are international and domestic practitioners who align with our mission and who collaborate with other Circle members on mutually beneficial workshops, events and projects, both face to face and online.

We meet every 2 months and discuss ways of working together and listen deeply to each other's challenges and offer opportunities and solutions to individuals and the collective.



[Continue reading...](#)



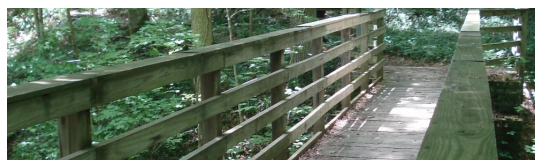
Going slow, to go fast; Independent living in the intentional slow lane.

By Bernadette Melder

Renato is an NDIA participant who suffers from 5 different types of seizures and a mild intellectual disability. Renato is 56 years old, still lives in the family home he lived in with his father, which he now owns himself, and over the years, his fine motor skills have gradually deteriorated.

Renato used to walk everywhere. He played tenpin bowling in a local competition, swam regularly, volunteered at the local library every day and was once awarded a Community Acknowledgement certificate from Coffs Harbour City Council.

[Continue reading...](#)

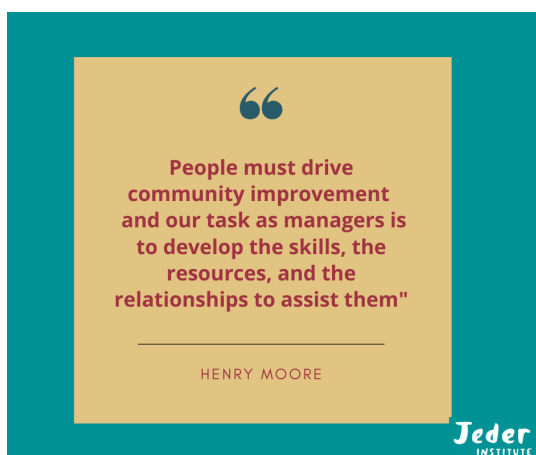


Six Simple Guidelines for 21st Century Leaders

In an exploration with [Saint Mary's University](#) in Halifax (one of my alma maters) about an upcoming series of [leadership workshops](#), the team there asked me some evocative questions, worthy of sharing on the [Shape Shift](#) blog. One of their questions was: what are the simplest rules you offer to the [leaders](#) you interact and work with. I have a hard time thinking of it in terms of rules, but six simple clear guidelines emerged pretty readily:

1. **Say what you mean, mean what you say.** Simple, but we are not always aware of where and when our words and actions are out of [alignment](#). In the perspective of [Worldview Awareness](#), this is the idea of [Taking Whole](#) or interconnectedness. In this situation, our words are interconnected (or not) with [our actions](#). [Coaching](#), mentoring, peer support or simply the willingness to receive reflections from others provides helpful guidance and [reflections for you](#) to learn what is out of alignment and sense into how to bring it back into alignment. But if you don't want to know the answer, even if you ask the question, people will know it and tell you what you want to hear rather than what helps you most.

Read on for the remaining Guidelines



Community Building Tips and Tools

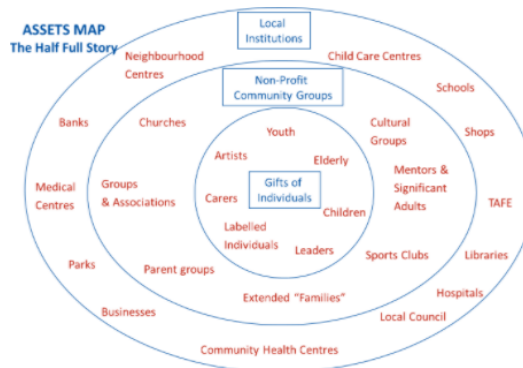
TIP

Creating a Community Asset Map

If we co-create a Community Asset Map, starting with the individual in the centre and explore their gifts – what skills do they have? what is their passion? who are they

connected with?

From this rich vantage point, we can explore the assets of the community groups and networks they are connected to, find opportunities for new partnerships and/or collaborations and continue to follow the threads through community to include local institutions, natural assets and diverse culture.



Connecting your Organisations Assets to a Project

When looking within your organization, there are a number of assets that can be used to strengthen your project.

Identify your organization's assets	How will these assets be connected?
PERSONNEL	
EXPERTISE	
ECONOMIC POWER	
CONSTITUENTS	
NETWORKS OF CONNECTIONS	
SPACE & FACILITIES	
MATERIALS & EQUIPMENT	

Jeder Institute

TOOL

Connecting your Organisations Assets to a Project

By identifying your organisations assets and connecting them together, a community or organisational project or idea can be strengthened and support to communities can be visible in a productive and powerful way.

[Download our Guidebook here...](#)

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FORWARD EMAIL

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