

Jeder... at the heart of change!





Everyone at Jeder Institute would like to wish you a very Merry Christmas and a Happy healthy and productive 2020.

Welcome to Jeder Yarns

Jeder Yarns is our new look newsletter to share stories, let you know about training opportunities and more. We hope you enjoy this first edition. We will be coming to you every month and encourage contributions, so if you have a story to share or a great tool or tip, please least us know.

Who can believe we are in December already? It's been a busy year for both our NDIS and Community Building teams with many of us looking forward to some down time over Christmas to reflect on 2019.

Well are looking forward to a wonderful 2020 with some exciting new offerings. The **community building team** are **planning workshops across Australia** and Dee and Michelle **will be in the UK in February**, so look out for more information in the new year.

Enjoy Jeder Yarns and we'll drop by your inbox again in January.

Latest news!



JEDER MEMBERS

Meet Alan Blackshaw

Alan is a member of our Community Building team and is based in Cairns, QLD.

He has spent his career working to serve and build community. He has experience as an educator, public servant, disability support worker, local government officer and community development practitioner both as a frontline worker and as a manager of a team of community development workers. To contact Alan email him <u>alan.blackshaw@jeder.com.au</u>

Learn more about Alan

ETHAN'S STORY

Finding a housemate

Ethan grew up in Sydney's inner west where he also went to school. He is a young man living with Autism and a moderate intellectual disability, but that doesn't stop his from living his best life. A few years ago, Ethan and his Mother Claudia made a sea change and moved to the Illawarra region. Once settled, they bought a house for Ethan in the next suburb. His home is framed by beautiful bushland and is a stone throw away from the beach.

Keep reading to learn more about Ethan's hunt for housemates.



WHAT'S NEW!!
Deadly ABCD



Deadly ABCD is a place-based immersive program that aims to engage, build and strengthen local capacity and confidence to utilise practices and processes to lead and support local initiatives and projects within communities. Deadly ABCD encourage active participation by community members in the cultural, social, economic and environmental development of our communities.

Program participants of Deadly ABCD will

learn about community building and participation, self-efficacy to act, join others and participate in citizen-driven community efforts (collective efficacy). The program interweaves First Nation Australian Indigenous culture, values and knowledge and global asset based community-led development practices, which underpins the overall framework. Participatory leadership tools and processes and other strengths-based methodologies, such as Appreciative Inquiry, are also utilised in the development and delivery of the program.

Our gratitude to Artist – Josh Wanganeen from Dungala Dreaming (Yorta Yorta, Kokitha, Narrunga, Kauna). The artwork represents Strength – Yarn – Connect.

FIND OUT MORE

FORTHCOMING TRAINING

2020 Training Opportunities

The training team at Jeder are working on some great training in 2020.

Here's just a few from our NDIS Team

Demystifying the NDIS - Tweed Heads

Demystifying the NDIS - Western Sydney

Person Centred Self-Management -Western Sydney

Conscious Care & Support Training Course

Person Centred Lifestyle Planning - North Western Sydney

<u>Understanding Emotions, Relationships,</u> <u>Sex and Sexuality for People with</u> <u>Disabilities - North Western Sydney</u>

Support Coordination - Southern Sydney



<u>COMING SOON</u> from our Community Building Team

3 day Art of Participatory Community Building

2 day Participatory Community Building

1 day Intro to Asset Based Community Development

Visit our website for more information.

Blog Spot



Exploring the Powers of Sound and Vision

The music in you

Jeder Institute members Aleks Jovanovic and Mark have set out to explore the power of music by looking for people who are interested in adding more music and creativity to their lives. On their journey to create new communities they have discovered a few

intriguing clues about why sound and image creation can fulfill a missing void in our lives.

Read More

CONSCIOUS CODESIGN

Conscious Co-Design: creating safe spaces to explore vulnerability in complexity

Locating yourself within a number of given community engagement and development frameworks can be exciting, stress relieving and can open up new possibilities.



Patterns in frameworks are as natural, and needed, as breathing; you just don't know what you don't know!

READ ON

STORIES FROM THE FIELD

I THOUGHT I SOAR A SWOT by Alan Blackshaw



For as long as I can recall the "go to" tool for strategic planning, team building, vision creation and the like has been the SWOT Tool i.e. Strengths Weaknesses Opportunities Threats. I don't know how many sessions I've sat through that this tool has been used to gather information and insights or how many times whenever planning is suggested the first thought for many is the SWOT.

READ ON TO DISCOVER HOW YOU CAN SOAR

BLOG from CHARLOTTE

Why is Person-Centred Planning so Important for Providing Effective Support?

According to the Human Rights Commission, international law, and national law, we all have the right to make choices for ourselves and have control over our own lives. This includes (but is not



limited to) making decisions we feel are best for us at the time, setting our own goals, planning for how to achieve those goals, and choosing the people we would like to have around us. This raises the question; What if someone is unable to make healthy, safe choices for themselves? How can they have choice and control over their own lives?

Keep reading

Community Building Tips and Tools

TIP

20 Clues to Creating and Maintaining a Vibrant Community



1. A group of local passionate community builders who provide leadership and are

committed to spending their time, energy and other resources it will take to make positive local development a reality.

2. A positive 'can – do' community mindset that focuses on optimism, belief, expectation, hope, 'we are in it together', and 'the glass is half full not half empty'.

3. Continuous renewal and development of local leadership, especially young people and women.

4. A shared community vision of the future, coupled with widespread resident participation and support.

5. A willingness to embrace change, seek smarter ways, experiment, make changes,

welcome

alternative thinking, take risks and invest in the future.

See Clues 6 to 20

TOP 100 PARTNERS EXERCISE (Based on an exercise from the Tamarack Institute)	
BUSINESS	GOVERNMENT & NON- GOVERNMENT
VOLUNTEER	LIVED EXPERIENCE

TOOL

Top 100 Partners exercise

We often get asked how do we get the unusual suspects to be involved in community action.

Check out the Top 100 partners exercise in English and Bahasa on our <u>website</u> it's a great tool to discover the people we should invite.



We are committed to reconciliation and recognise and respect the significance of Aboriginal and Torres Strait Islander peoples' communities, cultures and histories. We acknowledge and respect the Aboriginal and Torres Strait Islander peoples, as the traditional custodians of the land.

