



Person Centered Community Driven Practices

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The Jeder Institute is a ground-breaking, dynamic organisation who brings people together to realise their full potential and build on their existing networks and community strengths! We believe that everyone has abilities, and everyone has something to contribute to their communities because there is no one we don't need!

Jeder Institute is a not-for-profit organisation, established as a pathway for all people to develop networks, enhance skills, practice leadership and further build both personal & community capacity. Our unique approach is based on the principles of strengths focused practice and incorporates frameworks and philosophies, such as Person Centred Approaches, Asset Based Community Driven (ABCD), Appreciative Inquiry, Circle Work and Participatory Leadership practices.

Jeder Institute provides; individual, community and organizational tailored support, personal development, skill enhancement, coaching, mentoring, leadership and consultancy opportunities that encourage linking, formally and informally, with peer-networks of individuals, families, communities and professionals across Australia and internationally.

Our commitment is to provide a diverse range of services and programs, which are directly relevant to the individuals, families, professionals, communities and organisations, which seek to empower themselves, and others, regarding choice, control and inclusion.

Person Centred Community Driven Practices

Delivers a training experience for participants that shifts mindsets towards a strengths focused approach. Learning that searching for the gifts, strengths and passions of people, existing and extending relationships, linking into welcoming communities serves to build satisfying lives. Through reflecting on one's own way of being and listening to the perspective of others links supporters to build and grow good lives. Understanding that everyone has skills and abilities develops collaborative teams. Planning towards desirable futures while learning

how to support others in a way that makes sense to them and understanding the art of asking powerful questions acts as a vehicle to transform the services provided to people.

This training provides the opportunity for participants to interactively learn new practices and tools, implement them through take-home tasks and embed the culture change required to personalise supports to be ready for the new world with an NDIS.

The content of the workshops will include the following learning outcomes:

- Develop an understanding of the definitions of Person Centred approaches and asset-based community driven (ABCD), both in theory and in practice, and how this relates to organisational and industry cultural change.
- Understanding and using strengths focused practices
- Use and promote person centred thinking and planning learning frameworks (tools)
- Gather information to develop individual lifestyle plans in a person centred way.
- Community organising and discovering hidden assets.
- Practical steps to engage community assets.
- Involvement of Community in the lives of people with disability – includes Community asset mapping, community engagement and linking.
- Ability to design good quality questions.
- Development of Person Centred Profiles
- Using facilitation techniques across a range of contexts e.g. small & large groups
- Employ methods of reflective practice in daily work life.

Length of the course

4-day training that is delivered over 2 months i.e. 2 days per month.

Facilitators

Michaela Kennedy

Michaela's extensive experience in the disability sector and passion for all people to be valued citizens makes her a committed and highly regarded director of the Jeder team. She is dedicated to sharing her experiences (professionally and personally), supporting people to lead inclusive self-directed lives and to developing partnerships and collaborative opportunities.

Michaela has worked at all levels within organisations, leading the cultural change processes to embed personalisation and community inclusion. Beginning in 2006, Michaela lead the implementation of Person Centred Practices at a large non-government service provider.

Establishing and leading a team of 6 Person Centred facilitators, she was the principal advisor

to the senior leadership team and instrumental in the development of a strategic commitment to becoming a Person Centred Organisation; the first organisation to do so in NSW.

She is a skilled practitioner, trainer, coach and mentor of Person Centred Approaches including Thinking frameworks, Maps, Paths, Lifestyle Planning and independent planning. Michaela facilitates Art of Hosting – Participatory Leadership training, Team building and Network building opportunities. She has worked in the disability sector in NSW (Australia) for over 20 years and has presented at numerous State and National Conferences.

Michaela has strong networks nationally and internationally in the areas of Person Centred Practices, Asset Based Community Development and Participatory Leadership. Michaela has led the establishment of the Australian Learning Community, and is an active member of The (International) Learning Community for Person Centred Practices, The Unconference and In-Control Australia. She leads and contributes to the organisation of national and state conferences and events that champion inclusion and person centredness. The membership of these groups includes people with disabilities, families, international leaders, advocates, government, service providers and community members that share the same values and principles.

Dee Brooks

Dee is a passionate and highly energetic community engagement and development consultant who provides strengths based training and workshops and professional facilitation and keynote addresses for conferences, forums and events. Dee is a founding member and Facilitator of the ABCD Asia Pacific Network, an accredited ABCD trainer, an Art of Hosting trained facilitator, a Flow Game Host and a DRUMBEAT Facilitator. Dee is an International Faculty Member of the ABCD Institute based at Northwestern University, Chicago, U.S.A., a Steward of the international ABCD in Action Network and a founding member of the Unconference.

Based on a decade of grassroots work with the Family Action Centre (FAC) at the University of Newcastle, Dee has trained and presented to thousands of people at hundreds of events and workshops. Dee's background is in youth work, community research and community development and she is a firm believer in the power of tapping into the collective wisdom of a community to strengthen and build on what's already there.

For more than a decade, Dee has provided consultancy, training and workshops to a diverse range of services, organisations and government departments. Dee's workshops on effective community engagement and development draw on her stories, lessons and experience from the wide range of training and facilitation she has provided, and her grass roots work with communities.

Dee has been invited to give keynote addresses at conferences throughout Australia and her work in this area is rapidly increasing. Dee has co-facilitated ABCD National Training with a



range of national and international ABCD facilitators including Peter Kenyon (Bank of IDEAS), Jody Kretzmann (ABCD Institute), Jim Diers (Neighbor Power), Ted Smeaton (Inspiring Communities), Judi Geggie (FAC), Mary Nelson (New Bethel) and Mike Green (ABCD for Inclusion).

Dee has been a project coordinator and community researcher who has worked directly on a range of projects that have adopted Asset-based Community Development and strengths-based practice including, supporting caravan park residents, engaging community groups and building school community partnerships.